

So what is this USY thing , anyway?

United Synagogue Youth, serving grades 6-12, is the youth arm of the conservative movement, affiliated with the United Synagogue of Conservative Judaism. We offer middle and high school students opportunities to immerse themselves in various Jewish and social activities while forming friendships that will last a lifetime.

The Eastern Canadian Region of USY (ECRUSY) boasts over 300 members from across Quebec and Ontario. As the only strictly Canadian region, ECRUSY stands out in Canadian pride at all USY international events. ECRUSY attracts high school and CEGEP students around the year to amazing regional conventions, major social events and other unique programs. For more information check out our website, www.ecrusy.org.

What's there to do in USY?

Make new friends in your home town and across North America!!

Come to crazy, fun conventions!

Join a basketball league!

Spend your summer travelling in Israel, Europe, the US, Costa Rica, or NYC!

Discover great leadership opportunities!

Go on trips without your parents!

Get volunteer hours doing social action projects!

Spend time with teens like you in a fun, chill environment!

How do I join?

Simply contact the youth director at a synagogue near you

Toronto	Adath Israel	Bryan Gerson	youth@adathisrael.com
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	Beth Emeth Bais Yehuda	Debbie Huisman	debbie@beby.org
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